

## **Clinical Hypnosis Training Workshops** --- For course details, eligibility, times, and registration

visit: <https://hypnosis.bc.ca/training/upcoming-workshops/>

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### **CLINICAL HYPNOSIS SKILLS FOR HEALTH PROFESSIONALS -- Fundamentals Level 1**

delivered by ZOOM

Saturday and Sunday, February 5<sup>th</sup> and 6<sup>th</sup>, 2022 9:00 am – 1:00 pm

**Fundamentals Level 1** will provide practical training in the fundamental components of clinical hypnosis for clinicians new to hypnosis, as well as those wishing a refresher. Demonstrations and practice sessions will provide sufficient training for those who wish to integrate hypnosis into their therapeutic skills.

**Faculty:** Experienced CSCH Faculty will guide you through the processes, indications, contraindications, and fluent use of clinical hypnosis in your practice.

**Registration:** <https://hypnosis.bc.ca/training/upcoming-workshops/clinical-hypnosis-skills-for-health-professionals-fundamentals-level-1/>

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### **HYPNOSIS FOR CHRONIC PAIN MANAGEMENT**

presented in-person by **Dr. Mark P. Jensen, PhD**

Saturday, April 9th, 2022 8:30 am – 4:30 pm

Simon Fraser University at Harbour Centre --- 515 W. Hastings Street, Vancouver, BC

**This workshop** will provide an overview of hypnotic strategies and suggestions for helping individuals better self-manage chronic pain conditions. The emphasis of the workshop will be on applied clinical techniques, demonstrations, brief hypnotic exercises and the opportunity for consultation. After participating in the workshop, participants will have the resources and skills to evaluate a patient with chronic pain for hypnosis treatment and design a treatment intervention that addresses the various problems identified.

**Mark P. Jensen, PhD**, is a Professor and Vice Chair for Research in the Department of Rehabilitation Medicine at the University of Washington in Seattle, USA. He has been studying chronic pain and helping individuals better manage chronic pain for almost 40 years.

**Registration:** <https://hypnosis.bc.ca/training/upcoming-workshops/hypnosis-for-chronic-pain-management/>

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