



Wellness Advisor

Application Link: https://ubc.wd10.myworkdayjobs.com/en-US/ubcstaffjobs/job/UBC-Vancouver-Campus/Wellness-Advisor_JR3683-1

UBC Vancouver Campus
Staff – Non Union

Job Category

M&P - AAPS

Job Profile

AAPS Salaried - Counsellors/Psychologists,
Level A

Job Title

Wellness Advisor

Department

Team B | Counselling Services | Student
Health and Wellbeing | VP Students

Compensation Range

\$6,378.58 - \$9189.17 CAD Monthly

Posting End Date

August 25, 2021

Note: Applications will be accepted until
11:59 PM on the day prior to the Posting
End Date above.

This is a 0.8 FTE position.

This offer is conditional upon successful completion of a Criminal Record Check.

Job Description Summary

Within the context of an integrated and collaborative stepped care model and in accordance with established standards of practice and the vision and values of the University of British Columbia, Vancouver, Wellness Advisors triage students seeking mental health support. Conduct initial assessments, determine the level(s) of support most on the stepped care continuum that will best meet students' needs and develop care plans with them. Perform a variety of counselling and outreach functions as time permits. Understand the role for Wellness Advisors and practices within the integrated and collaborative stepped care model.

Organizational Status

Reports to the Associate Director, Clinical Services, Counselling Services. Collaborates with referral resources including other mental health care providers, Academic Advisors, Enrolment Services Professionals, Residence Life Managers and Student Support Services Managers. Establishes, maintains and enhances relationships/communication with UBC Vancouver Center for Accessibility, Student Health Service, Health Promotion and Education, Conduct & Safety and the Sexual Violence Prevention and Response Office.

Work Performed

1. Triage students presenting with mental health and wellbeing concerns.

- Collects and reviews pertinent information/history, drawing on knowledge of mental health and counselling knowledge and skills when making an initial assessment through a structured judgment process.
- Determines the need for emergent crisis intervention, facilitates urgent and non-urgent referrals.
- Develops initial care plan with the student.

2. Works in collaborates with campus and community stakeholders to provide optimal mental health support for students:

- Collaborates with referral sources including other mental health care providers, academic advisors, Enrolment Services Professionals, Residence Life Managers and Student Support Services Managers.
- Consults with UBC and other mental health care professionals as appropriate.
- Maintains up-to-date and comprehensive information (e.g. services provided, referral procedures etc.) on faculty-based and central student services as well as community based mental health services to facilitate seamless referral to resources and services.
- Establishes, maintains and enhances relationships/communication with UBC Vancouver Center for Accessibility, Student Health Service, Health Promotion and Education and Conduct & Safety.

3. Performs indirect service responsibilities effectively and efficiently:

- Creates and maintains student records including assessments and referrals as well as appointment information in accordance with established professional standards and unit policies and procedures
- Participates in team meetings, by providing input, and presenting relevant material to promote optimal support for students.
- Engages in ongoing team planning, development, evaluation and quality improvement activities that facilitate team goal setting, problem solving, conflict resolution and collaboration
- Maintains and updates professional competency in mental health issues and treatments; reviews relevant literature and participates in professional development.

4. Supports student mental health wellbeing by participating in health promotion and wellbeing programming including facilitating workshops and staffing orientation events as time permits.

5. Provides drop-in, single session counselling and facilitates group counselling programs as time permits.

6. Other duties as assigned.

Consequence of Error/Judgement

Must be able to act with a considerable degree of autonomy and independence in conducting triage and other mental health services to while adhering to the ethical standards of the profession. Poor professional judgment or unethical practice would be extremely detrimental to student wellbeing and in some cases could be life threatening. It would also have a significant negative impact on public relations for Counselling Services and the University and in some cases result in legal liability for the University.

Supervision Received

Supervision will be provided by the Associate Director, Clinical Services, Counselling Services. Incumbent acts independently within established protocols and ethical guidelines.

Supervision Given

The incumbent may supervise project staff and work study students.

Qualifications

Master's degree in Counselling Psychology or a related field. Certification as a Registered Clinical Counsellor with the B.C. Association of Clinical Counsellors. Eligible for professional certification in British Columbia. Minimum of three years' experience in Clinical Counselling or the equivalent combination of education and experience. Experience conducting triage in a fast paced mental health service setting.

Post-secondary experience preferred with knowledge of student development theory and expertise working with one or more specific student populations including international students, Aboriginal students, or graduate students, an asset.

Demonstrated outstanding oral and written communication skills and the ability to build rapport with staff, students, faculty, and community partners.

Must have a deep commitment to the principles and values of creating inclusive campus communities and demonstrated cross-cultural competence.

Appropriate course-work and training in assessment and treatment of a wide range of post-secondary student concerns including substance use, stress, depression, anxiety, relationship difficulties, career/life planning, transition issues and trauma preferred.

Bilingual or multi-lingual an asset.

Demonstrated attention to detail and ability to manage multiple tasks and projects.

Proven, interpersonal and problem-solving skills.

Ability to work flexible hours, including some evenings and weekends. Ability to navigate complex student situations, including crisis intervention. Ability to envision and implement innovative programs and initiatives. Computer literacy (MS Office, email and internet required; experience with databases, Wiki and Shared Docs preferred).

About Us

The University of British Columbia is a global centre for research and teaching, consistently ranked among the top 20 public universities globally. A large part of what makes us unique is the community of engaged students, faculty, and staff who are collectively committed to shaping a better world.

Recognized as a leading employer in British Columbia and Canada, UBC supports inspired students, faculty and staff on their journey of discovery, and challenges them to realize their greatest potential. New ideas, changing infrastructure, innovative technology, and fresh approaches are opening up possibilities for the future of research, teaching, and work. Are you ready to embrace the future together?

Equity and diversity are essential to academic excellence. An open and diverse community fosters the inclusion of voices that have been underrepresented or discouraged. We encourage applications from members of groups that have been marginalized on any grounds enumerated under the B.C. Human Rights Code, including sex, sexual orientation, gender identity or expression, racialization, disability, political belief, religion, marital or family status, age, and/or status as a First Nation, Metis, Inuit, or Indigenous person.

All qualified candidates are encouraged to apply; however Canadians and permanent residents will be given priority.

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