

**TWO TOPICS, ONE DAY
AND AGM OVER LUNCH HOUR**

BEYOND CULTURAL COMPETENCY & GOOD TROUBLE 6hrs non-contact CEs

MAY 1, 2021 9AM-5PM PST

PRESENTED BY

Kadesha Adelakun, LCSW, RPT-S

**REGISTER TODAY AT
WWW.BCPLAYTHERAPY.CA**

BEYOND CULTURAL COMPETENCY: HELPING PLAY THERAPISTS PRACTICE CULTURAL HUMILITY 3 Hours

WORKSHOP DESCRIPTION

North America is very diverse, with people of different races, cultures, and ethnicities. Often times, we see this diversity in our playrooms. Research shows that, unfortunately, culturally minoritized populations suffer disproportionately from mental health disparities. One very much needed intervention is culturally competent mental health care, including in the playroom. These realities and our Codes of Ethics require that clinicians be prepared to effectively meet these needs. However, clearly understanding how to apply a multicultural perspective in assessment and clinical practice, in the playroom, can be difficult to conceptualize. This interactive workshop presents effective ways to implement ethical and culturally informed case conceptualization and intervention in the playroom. We will explore and discuss ways in which multicultural aspects can be infused in play therapy. Participants will engage in the meaningful and therapeutic conversation surrounding race, culture, ethnicity, the intersection of identities and the dynamics of privilege that influence counseling relationships

3 LEARNING OBJECTIVES:

Upon completion of this training, participants will be able to:

- **Objective 1:** Provide a clear understanding of what racial, ethnic, and cultural diversity is and what it isn't in play therapy.
- **Objective 2:** Recall 3 factors of awareness and sensitivity towards racial, ethnic, and cultural diversity issues that go well beyond the assumed categories in play therapy.
- **Objective 3:** Implement 4 behavioral tools for fostering a more inclusive environment in play therapy.

GOOD TROUBLE: MOVING FROM ALLY TO ACCOMPLICE IN THE PLAYROOM 3 Hours

WORKSHOP DESCRIPTION

We've all heard statements like "politics don't belong in a therapeutic setting or in the playroom." However, statements like that often comes from a place of privilege and can sometimes cause harm to our clients. Black, Indigenous, and People of Color (BIPOC), as well as other marginalized groups do not have that privilege, as they are often directly and indirectly faced with racism, social injustice, and microaggression. This interactive workshop will assist play therapists in moving from ally to accomplice in the playroom. Participants will learn to be aware of social issues that are going to come into the play and impact the therapeutic process. Oppression, privilege, and being anti-racist, as well as clinical implications, case conceptualization, and advocacy planning will be discussed.

3 LEARNING OBJECTIVES:

Upon completion of this training, participants will be able to:

- **Objective 1:** Increase awareness of social issues that come into play and impact the therapeutic process
- **Objective 2:** Recall 3 ways to incorporate social justice in the play room
- **Objective 3:** Implement 4 behavioral tools for fostering an anti-racist and supportive environment in play therapy

6hrs non-contact CEs

Play therapy credits may not be awarded to non-mental health professionals.

**MAY 1, 2021
9AM-5PM PST**

Via live interactive webinar only

PRESENTED BY

Kadesha Adelakun, LCSW, RPT-S

Kadesha Adelakun is a Licensed Clinical Social Worker (LCSW), in the states of Georgia and New Jersey, and a Registered Play Therapist-Supervisor (RPT-S). She is the founder and owner of The Journey Counseling Services in Kennesaw, GA. She specializes in working with children ages 3-18, adults, and families, as well as perinatal moms. She is very active in her community for racial and social justice.

She has had the unique opportunity to practice in a wide variety of settings and cultures. She has worked as a school social worker, with adults with mental health illnesses, children and adolescents involved with the Department of Juvenile Justice, families involved with the Department of Family and Children Services, provided in-home therapy, and has spent some time studying in Ghana, West Africa.

In addition to providing therapy, she also provides clinical and play therapy supervision. She is also a Cultural and Racial Diversity Play Therapy Consultant, and an International Speaker and Trainer. Learn more at: <http://www.journeycounselingllc.com>.

CANCELLATION POLICY:

1. To cancel your registration, please send us a cancellation notice via email at info@bcplaytherapy.ca no later than 2 weeks before the start of an event for a full refund less a \$25.00 cancellation fee. No refund is issued if you cancel your registration within 2 weeks of the event.
2. Please note that all payments received and/or processed on workshop day will be processed at manual registration rates.
3. If you have any questions about the workshop, please contact us at info@bcplaytherapy.ca.