



Canadian Society of Clinical Hypnosis (B.C. Div.)

presents

Hypnosis for Children and Teens Clinical Training Workshop for Health Professionals

Two days of training at B.C. Children’s Hospital, Room KO-155

Part 1: October 20th, 2018 (Saturday)

and

Part 2: January 19th, 2019 (Saturday)

This workshop will teach how to utilize pediatric hypnosis to address common distressing hospital procedures and situations and enable children to cope, co-operate and feel better. It is specifically designed to strengthen clinical practice skills.

The two-day workshop (October 20th, 2018 & January 19th, 2019) is provided on two Saturdays which are 3 months apart to allow for the implementation of skills and practice opportunities between sessions. At the January 19th, 2019 session, case experiences will be discussed, analyzed, alternative strategies demonstrated, and learning refined and practiced. Attendance on both days is mandatory.

We will focus on hypnotic language, communication skills and pediatric hypnotic strategies to therapeutically address pain, distress and anxiety. Live demonstrations and video examples will be a key part of the workshop. There will also be supervised practiced sessions in this applied, hands-on experience, so that you leave knowing how to use hypnotic skills more purposefully in your pediatric practice with children and adolescents.

Workshop Leaders:

Dr. Leora Kuttner is a Clinical Psychologist, Clinical Professor in the Pediatric Department at BC Children’s Hospital and an award-winning documentary filmmaker, including "No Fears, No Tears-13 Years Later". Dr. Kuttner specializes in pediatric pain, has written the book "A Child in Pain- What Health Professionals can do to Help" over 40 peer-reviewed articles and teaches pain management internationally, with hypnosis as her favourite skill.

Dr. Kourosh Edalati is a Child and Adolescent Psychiatrist in the Department of Psychiatry at BC Children’s Hospital and Child and Family Clinic. He is the founder of Elumind Centres for Brain Excellence, a holistic brain health centre that uses multiple approaches such as neurofeedback, psychotherapy and nutrition to create health and healing for the brain. He specializes in trauma and uses hypnosis to facilitate recovery from symptoms of trauma and anxiety.

Dr. Davidicus Wong is a Family Physician in Burnaby and Clinical Assistant Professor in the Department of Family Practice, Faculty of Medicine, UBC Medical School. Dr. Wong is well-known for his medical column in the Vancouver Courier, Burnaby Now and Richmond News. He is a member of the board and teaching faculty of the Canadian Society of Clinical Hypnosis since 2014. He integrates clinical hypnosis, mindfulness, and CBT in his full service family practice including obstetrics and pediatrics.

Eligibility: This workshop is open to all members in good standing of regulated health professions including physicians, nurses, child life specialists, social workers, registered clinical counsellors as well as full time students in a health professions program.

FEES: *Early-Bird deadline is October 5th, 2018*

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| CSCH Member | \$345 (Early-Bird) | \$395 (after October 5 th) |
| Non-Member | \$445 (Early-Bird) | \$495 (after October 5 th) |
| Full-Time Student | \$245 (Early-Bird) | \$245 (after October 5 th) |

To Register: email admin@hypnosis.bc.ca or visit <https://www.hypnosis.bc.ca/training-opportunities/upcoming-workshops.html>